

Letter to Medical Provider from 12+ year old Minor to Share Medical Records with Parent/Guardian

Informal Option

To Whom It May Concern:

I've been told that there's a new law that says my parents can't access my medical and patient records for certain things. The same law says that my providers aren't allowed to inform my parents about certain treatments without my permission.

With this letter, I want to provide that permission.

I am close to my parents and I want them to know if anything happens to me and how I am being treated.

Please put this note in my file and make sure my records show that I have given my parents permission to see my records and know about my treatments. Their names are: **[INSERT Parent(s)' or Guardian(s)' Names]**.

Thank you very much.

Sincerely, **[INSERT YOUR NAME AND BIRTHDATE]**

Formal Option

To Whom It May Concern:

Section 123115 of the Health and Safety Code specifies that a healthcare provider is not permitted to inform a parent or legal guardian of certain treatments and procedures performed on a minor without the minor's authorization, and that a minor's representative is not entitled to inspect or obtain copies of the minor's medical records pertaining to certain healthcare services.

With this letter, I hereby provide authorization for my parents to access my healthcare records. With full knowledge of the rights afforded to me under the Health and Safety Code, I waive those rights. Therefore, without limitation, I specifically direct my healthcare providers to share with my parents my medical records, including records and information pertaining to any and all procedures and treatments.

Please place this correspondence in my file and make sure all records reflect the expressions of my will contained herein. My parent's names are: **[INSERT Parent(s)' or Guardian(s)' Name(s)]**.

Sincerely, **[INSERT YOUR NAME AND BIRTHDATE]**